

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: LAQUA

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Tampieri Matteo HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 20: 50M BACKSTROKE MEN 15+				Heat:12, starttime: 09:42
Heat: 12/13 Lane : 2 Athlete: BERLAMONT DAAN				Q-time: 00:28:44
PB (50m pool): 00:28.44 Eindhoven 22/03/2026		PB (25m pool): 00:27.71 SB: 00:28.44 Eindhoven 22/03/2026		
	5 0 M			
PB	00:28.44			
	00:28.44			
				

Coach feedback:

Event number: 21: 200M FREESTYLE WOMEN 15+					Heat:3, starttime: 09:51
Heat: 3/10 Lane : 2 Athlete: THYS LENA					Q-time: 02:18:76
PB (50m pool): 02:18.76 Molenbeek 01/02/2026		PB (25m pool): 02:13.59 SB: 02:18.76 Molenbeek 01/02/2026			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:07.26	no time	02:18.76	
	no time				
					

Coach feedback:

Event number: 21: 200M FREESTYLE WOMEN 15+					Heat:4, starttime: 09:54
Heat: 4/10 Lane : 1 Athlete: WATELLE NONA					Q-time: 02:18:01
PB (50m pool): 02:18.01 Olympic Pool Wezenberg, Antwer 29/03/2026		PB (25m pool): 02:18.83 SB: 02:18.01 Olympic Pool Wezenberg, Antwer 29/03/2026			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.44	01:06.42	01:42.70	02:18.01	
	00:31.44	00:34.98	00:36.28	00:35.31	
					

Coach feedback:

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Event number: 21: 200M FREESTYLE WOMEN 15+					Heat:8, starttime: 10:05
Heat: 8/10 Lane : 5 Athlete: ADELMANN CLARA CENXI					Q-time: 02:07:18
PB (50m pool): 02:07.40 Antwerpen 17/05/2026					PB (25m pool): 02:08.35 SB: 02:07.40 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:07.40	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 15+					Heat:1, starttime: 10:14
Heat: 1/5 Lane : 5 Athlete: VAN NOOTEN VIC					Q-time: 02:24:99
PB (50m pool): 02:24.99 Eindhoven 22/03/2026					PB (25m pool): 02:30.77 SB: 02:24.99 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.29	01:06.49	01:45.99	02:24.99	
	00:30.29	00:36.20	00:39.50	00:39.00	
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+					Heat:5, starttime: 11:01
Heat: 5/22 Lane : 1 Athlete: DIERICK OSCAR					Q-time: 00:58:32
PB (50m pool): 00:58.32 Antwerpen 08/03/2026					PB (25m pool): 00:58.73 SB: 00:58.32 Antwerpen 08/03/2026
	5 0 M	1 0 0 M			
PB	00:27.48	00:58.32			
	00:27.48	00:30.84			
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+					Heat:7, starttime: 11:04
Heat: 7/22 Lane : 6 Athlete: VAN NOOTEN VIC					Q-time: 00:57:79
PB (50m pool): 00:57.79 Zwembad Brigitte Becue 26/04/2026					PB (25m pool): 00:58.91 SB: 00:57.79 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M			
PB	00:27.50	00:57.79			
	00:27.50	00:30.29			
					

Coach feedback:

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Event number: 24: 100M FREESTYLE MEN 15+			Heat:7, starttime: 11:04
Heat: 7/22 Lane : 7 Athlete: MEREMANS MATHYS			Q-time: 00:57:80
PB (50m pool): 00:57.80 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 00:57.35 SB: 00:57.80 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:28.26	00:57.80	
	00:28.26	00:29.54	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:20, starttime: 11:23
Heat: 20/22 Lane : 7 Athlete: VAN HOOFF DAAN			Q-time: 00:53:42
PB (50m pool): 00:53.42 Antwerpen 17/05/2026 PB (25m pool): 00:52.23 SB: 00:53.42 Antwerpen 17/05/2026			
	5 0 M	1 0 0 M	
PB	00:25.78	00:53.42	
	00:25.78	00:27.64	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:21, starttime: 11:24
Heat: 21/22 Lane : 3 Athlete: BERLAMONT DAAN			Q-time: 00:52:49
PB (50m pool): 00:52.49 Antwerpen 17/05/2026 PB (25m pool): 00:52.83 SB: 00:52.49 Antwerpen 17/05/2026			
	5 0 M	1 0 0 M	
PB	no time	00:52.49	
	no time		
			

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 15+			Heat:4, starttime: 11:33
Heat: 4/11 Lane : 4 Athlete: THYS LENA			Q-time: 01:21:07
PB (50m pool): 01:21.03 Antwerpen 21/07/2024 PB (25m pool): 01:18.19 SB: 01:22.63 Wezenberg 03/01/2026			
	5 0 M	1 0 0 M	
PB	no time	01:21.03	
	no time		
			

Coach feedback:

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Event number: 25: 100M BREASTSTROKE WOMEN 15+			Heat:11, starttime: 11:46
Heat: 11/11 Lane : 7 Athlete: WATELLE NONA			Q-time: 01:15:25
PB (50m pool): 01:15.25 Antwerpen 08/03/2026			PB (25m pool): 01:16.81 SB: 01:15.25 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:35.72	01:15.25	
	00:35.72	00:39.53	
			

Coach feedback:

Event number: 26: 50M BREASTSTROKE MEN 15+			Heat:2, starttime: 11:49
Heat: 2/12 Lane : 7 Athlete: ROOMAN EGON			Q-time: 00:33:97
PB (50m pool): 00:33.97 Antwerpen 15/03/2026			PB (25m pool): 00:34.90 SB: 00:33.97 Antwerpen 15/03/2026
	5 0 M		
PB	00:33.97		
	00:33.97		
			

Coach feedback:

Event number: 26: 50M BREASTSTROKE MEN 15+			Heat:3, starttime: 11:50
Heat: 3/12 Lane : 3 Athlete: BERLAMONT DAAN			Q-time: 00:33:31
PB (50m pool): 00:33.31 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 00:40.12 SB: 00:33.31 Zwembad Brigitte Becue 26/04/2026
	5 0 M		
PB	00:33.31		
	00:33.31		
			

Coach feedback:

Event number: 26: 50M BREASTSTROKE MEN 15+			Heat:3, starttime: 11:50
Heat: 3/12 Lane : 5 Athlete: BOBEV BOYAN			Q-time: 00:33:27
PB (50m pool): 00:33.27 Eindhoven 22/03/2026			PB (25m pool): 00:33.41 SB: 00:33.27 Eindhoven 22/03/2026
	5 0 M		
PB	00:33.27		
	00:33.27		
			

Coach feedback:

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Event number: 26: 50M BREASTSTROKE MEN 15+										Heat:9, starttime: 11:56			
Heat: 9/12 Lane : 7 Athlete: VAN HOOFF DAAN										Q-time: 00:31:48			
PB (50m pool): 00:31.48 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 00:30.42 SB: 00:31.48 Zwembad Brigitte Becue 26/04/2026													
	5 0 M												
PB	00:31.48												
	00:31.48												
													

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+					Heat:2, starttime: 12:02				
Heat: 2/17 Lane : 6 Athlete: THYS LENA					Q-time: 00:32:38				
PB (50m pool): 00:32.38 Wezenberg 03/01/2026					PB (25m pool): 00:31.08 SB: 00:32.38 Wezenberg 03/01/2026				
	5 0 M								
PB	00:32.38								
	00:32.38								
									

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+					Heat:4, starttime: 12:04	
Heat: 4/17 Lane : 2 Athlete: TEIRLINCK LOUISE					Q-time: 00:31:79	
PB (50m pool): 00:31.79 Antwerpen 27/07/2025					PB (25m pool): 00:31.61 SB: 00:33.12 Zwembad Brigitte Becue 26/04/2026	
	5 0 M					
PB	00:31.79					
	00:31.79					
						

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:4, starttime: 12:28
Heat: 4/19 Lane : 8 Athlete: BOBEV BOYAN				Q-time: 02:29:16	
PB (50m pool): 02:29.16 Antwerpen 27/07/2025					
PB (25m pool): 02:24.42 SB: 02:29.30 Zwembad Brigitte Becue 26/04/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.96	01:09.13	01:53.57	02:29.16	
	00:29.96	00:39.17	00:44.44	00:35.59	
					

Coach feedback:

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Event number: 28: 200M MEDLEY MEN 15+					Heat:5, starttime: 12:31
Heat: 5/19 Lane : 2 Athlete: DIERICK OSCAR					Q-time: 02:27:64
PB (50m pool): 02:27.64 Antwerpen 08/03/2026					PB (25m pool): 02:25.89 SB: 02:27.64 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.82	01:10.70	01:55.73	02:27.64	
	00:30.82	00:39.88	00:45.03	00:31.91	
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:5, starttime: 12:31
Heat: 5/19 Lane : 3 Athlete: ROOMAN EGON					Q-time: 02:27:48
PB (50m pool): 02:27.48 Zwembad Brigitte Becue 26/04/2026					PB (25m pool): 02:28.12 SB: 02:27.48 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.34	01:12.22	01:53.53	02:27.48	
	00:32.34	00:39.88	00:41.31	00:33.95	
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:9, starttime: 12:43
Heat: 9/19 Lane : 2 Athlete: VAN NOOTEN VIC					Q-time: 02:24:37
PB (50m pool): 02:24.37 Zwembad Brigitte Becue 26/04/2026					PB (25m pool): 02:26.02 SB: 02:24.37 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.05	01:05.89	01:51.50	02:24.37	
	00:29.05	00:36.84	00:45.61	00:32.87	
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:9, starttime: 12:43
Heat: 9/19 Lane : 3 Athlete: MEREMANS MATHYS					Q-time: 02:24:16
PB (50m pool): 02:24.16 Zwembad Brigitte Becue 26/04/2026					PB (25m pool): 02:26.14 SB: 02:24.16 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.86	01:08.51	01:52.87	02:24.16	
	00:30.86	00:37.65	00:44.36	00:31.29	
					

Coach feedback: